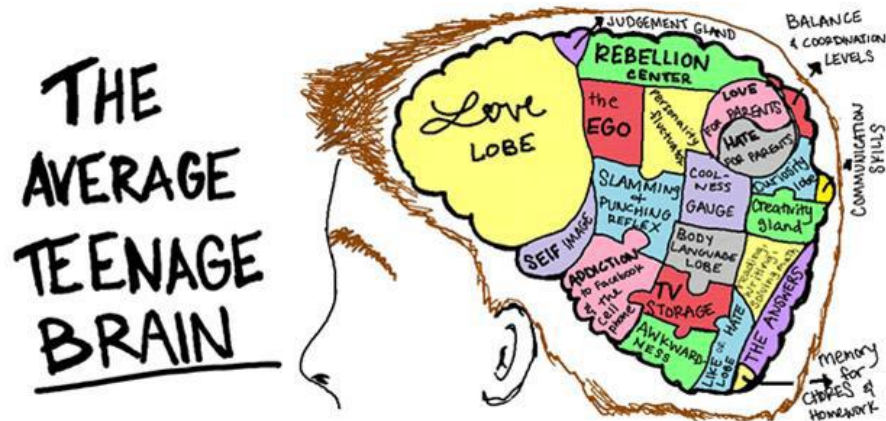


The Secret Lives of Teens & Tweens

Learn what Teens and Tweens are really thinking and how to support them



Do you wonder:

- What are teens really thinking?
- Why don't teens share their fears?
- How can we better support our teens?

Participants will leave with:

- New ways of understanding and engaging teens
- Strategies they can implement immediately
- More confidence, courage, patience and a new language



Jon Mattleman is a mental health counselor and trainer with 30 years of experience working with youth, parents and families. Jon presents in communities statewide and his dynamic presentations give participants constructive tools for communicating, problem solving and working with teens.

www.jonmattleman.com

Tuesday, June 12th
Bedford High School Auditorium

Doors open at 6:00 pm
for a light supper
Presentation: 6:30 – 8:00 pm

This talk is free and open to the adult public.

No registration required.



This presentation is sponsored by Bedford Board of Health and Youth and Family Services Departments, Bedford Public Schools and Bedford High School & Middle School Parent Associations

Please contact the Board of Health at 781-275-6507 with any questions.