

You Can Help Save a Life.

Learn how to recognize the warning signs of suicide, and what to do.

Join us for a Free Zoom Event: **Q.P.R. Question, Persuade, Refer**

Learn three simple steps to help save a life:

- **Recognize the warning signs of suicide**
- **Know how to offer hope**
- **Know how to get help and save a life**

You never know when you may be called upon to help. Please join us in saying YES to saving the life of a friend, colleague, child, sibling, or neighbor.

Thursday
March 30
7:00-9:00pm



To register
scan code

